



## TWIN FALLS RESORT STATE PARK

### Nature Based Programs

March 30<sup>th</sup> - April 14<sup>th</sup> 2025

Be sure to visit the newly constructed Nature Center!

There you will find the Park Naturalist year-round providing interpretive, educational, and recreational programs on a variety of native wildlife, park history, and other exciting topics. All programs will be held inside the Nature Center unless otherwise specified.

#### March 30<sup>th</sup> & 31<sup>st</sup>

##### Nature Center Hours

Closed Sunday & Monday

#### Tuesday, April 1<sup>st</sup>

##### Nature Center Hours

10:00am – 12:00pm

#### Wednesday, April 2<sup>nd</sup>

##### Nature Center Hours

11:00am – 2:00pm

#### Thursday, April 3<sup>rd</sup>

##### Nature Center Hours

1:00pm – 4:00pm

#### Friday, April 4<sup>th</sup>

##### Nature Center Hours

12:00pm – 5:00pm

**1:00pm – Tree rings** Come to the Nature center as we examine how to identify a trees age and life history by looking at and counting its rings! After the program a tree craft will be available.

**2:30pm – TREE IDENTIFICATION** Meet the Park Naturalist at the Nature for a brief discussion on identification tips, native trees, and other topics regarding this subject. Next, we will take a stroll around the lodge identifying and admiring trees!

**4:00pm – WV MAMMALS** Did you know West Virginia is home to over 70 different species of mammals. Come to the Nature Center for a discussion on these species as we cover topics such as identification, habitat & range, biological understanding, and conservation of certain unique species. We will have tracks and furs laid out to help illustrate topics.

**5:15pm – Cliffside Trail Hike** Meet the Park Naturalist at the “Cliffside Trail” trailhead parking lot for this guided hike. This trail features a rhododendron thicket and two vistas overlooking the falls. Along the way we will examine and discuss the local flora and fauna along the way!

#### Saturday, April 5<sup>th</sup>

##### Nature Center Hours

12:00pm – 5:00pm

**12:00pm – Colored Sand Jar Art** Come to the Nature Center to make your own unique piece of

*almost heaven*



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sand jar art. This craft is a little messy and is available to all ages.

**2:00pm – WV SALAMANDERS** Come to the nature center for a presentation of the different salamander species across West Virginia and which one you may encounter at Twin Falls State Park. This discussion will cover many topics such as identification, biological understanding, and so much more!

**3:00pm – FROGS!!!** Come to the Nature Center for a presentation of the different species of frogs and toads found across West Virginia and the species you may encounter at Twin Falls State Park. We will cover topics such as their unique life-cycle, biological understanding, species identification and so much more!

**4:00pm – WEST VIRGINIA SNAKES** Come to the Nature for this discussion about our slithery friends found in West Virginia. We will cover a variety of topics such as identification, biological understanding, how to avoid negative encounters, what to do if bitten, and so much more! You may also see our resident snakes Willow, Whiskey, Coal, and Viper.

**5:15pm – Poke Hollow Wetland Trail Hike** Meet at the “Poke Hollow” trail head parking lot for this guided hike through these geological significant headwater wetland as we discuss and examine a variety of topics such as why wetlands are beneficial for humans and wildlife, species of plants and animals found around the trail, and so much more! This trail also features a variety of forest types, early pioneer remnants, and 450ft elevation change to one of the highest points in the Park.

**April 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup>**

**Nature Center Hours**

**Closed Sunday, Monday, & Tuesday**

**Wednesday, April 9<sup>th</sup>**

**Nature Center Hours**

**11:00am – 2:00pm**

**Thursday, April 10<sup>th</sup>**

**Nature Center Hours**

**1:00pm – 4:00pm**

**Friday, April 11<sup>th</sup>**

**Nature Center Hours**

**12:00pm – 5:00pm**

**12:00pm – BLACK BEAR TALK** Come to the Nature Center as we discuss a variety of topics to help promote understanding and coexistence with this species.

**1:00pm – Birds of Prey** Come to the Nature Center for this discussion about these powerful birds. We will cover topics such as identification of large raptors native to West Virginia, biological understanding, and conservation.

**2:00pm – Owl Pellet Dissections!** Come to the Nature center as we discuss how these pellets form and what they’re made of. What do you think is inside an owl pellet? This is a lab activity so be prepared to answer questions testing your scientific thinking. This program is free however the owl pellets for dissection are \$5.00 per pellet. Pellets are limited.

**4:00pm – FROGS!!!** Come to the Nature Center for a presentation of the different species of frogs and toads found across West Virginia and the species you may encounter at Twin Falls State Park. We will cover topics such as their unique life-cycle,

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**5:15pm – Flora & Fauna Hike** Meet the Park Naturalist at the “Twin Oaks Trail” trail head parking lot for this short 0.25-mile stroll through this loop trail that highlights a blustering amount of amphibians and plants that are starting to become active again in wake of spring.

### **Saturday, April 12<sup>th</sup>**

#### **Nature Center Hours**

**12:00pm – 5:00pm**

**12:00pm – Bug Box Craft** Come to the Nature Center to get your materials for this craft. Build your very own bug box to take home and examine your yard!

**2:00pm – Diana Fritillary Butterfly** Come to the Nature center as we discuss this unique butterfly. The Diana Fritillary was originally native to Arkansas but due to habitat loss and other factors the Fritillaries have moved into Appalachia. This species is threatened and protected because of the small population and recorded habitats for research. Through amazing efforts by Twins Falls State Park and researchers have determined this species has been thriving in specific locations around the park. We will discuss a variety of topics to promote understanding of the species.

**3:30pm – WV SNAKES** Come to the Nature for this discussion about our slithery friends found in West Virginia. We will cover a variety of topics such as identification, biological understanding, how to avoid negative encounters, what to do if bitten, and so much more! You may also see our resident snakes Willow, Whiskey, Coal, and Viper.

**5:15pm – Horsepen Knob Trail Hike** Meet the Park Naturalist at the “Horsepen Knob Trail” trail head parking lot for this hike. This hike is rated moderate with some steep inclines. The trail also

features the unique natural habitat of the Diana Fritillary Butterfly, wildflower fields, and remnants of old pioneer homes.

### **April 13<sup>th</sup> & 14<sup>th</sup>**

#### **Nature Center Hours**

**Closed Sunday & Monday**

*almost heaven*